

BREAKFAST FREAKSHAKE



USED BRESC PRODUCTS



Ginger puree 450g



Mushroom mix 450g

INGREDIENTS

10 

- 1000 g spinach
- 1000 g mango, (frozen, in cubes)
- 1000 g bacon
- 125 g Bresc Mushroom Mix
- 40 g Bresc Fresh Chopped Shallot
- 10 bagels
- 20 strawberries
- 10 eggs
- 5 bananas
- 10 slices watermelon
- 20 dl full-fat yoghurt
- 3 dl cream
- 3 lime (juice)
- 10 miniature chocolate-filled rolls
- 13 g Bresc Ginger puree
- 10 sprigs cress
- 10 straws

PREPARATION METHOD

Mix the spinach, yoghurt, banana, mango, lime and ginger to make a smoothie. Bake the bagels, then cut them in half. Combine the eggs, shallot, mushroom mix and cream to make a scrambled eggs. Fry the bacon and place it on the bagels. Spoon the scrambled eggs on the bacon, keeping the centre of the bagel clear. Slide the watermelon and strawberries onto the skewers. Pour the smoothie into glasses and place the bagel on the rim. Stick a straw through the hole in the bagel. Garnish the bagel with the fruit skewers, a miniature chocolate-filled roll and the sprigs of cress.