

## TOMATO AND AUBERGINE SABIH



### USED BRESC PRODUCTS



Bresc Coriander puree  
450g



Bresc Garlic chopped  
1000g



Bresc Garlic chopped  
450g



Bresc Pomodori marinati  
1000g



Bresc Red chilli puree  
450g

### INGREDIENTS

500  
g



#### For the sabih

- 1 aubergine
- 2 dl olive oil
- 4 eggs
- 2 dl tahin (sesame paste)
- 1 bunch parsley
- 20 g Bresc Coriander puree
- 250 g Bresc Pomodori marinati
- 1 cucumber
- 4 spring onions
- 1 candied lemon
- salt

#### For the zhoug

- 50 g Bresc Red chilli puree
- 10 g Bresc Garlic chopped
- 1 bunch coriander
- 10 g caraway seeds
- 10 g cumin seeds
- 5 g coriander seeds
- olive oil
- salt

### PREPARATION METHOD

Mix the tahin with a dash of hot water and a little salt (tahin sauce). For the sabih, cut the aubergine lengthways into slices and fry them in a little olive oil until golden-brown. Season with a little salt. Boil the eggs and cut into segments.

Chop the parsley, spring onion and cucumber finely. Mix them with the coriander puree, pomodori marinati and a little salt. Cut the candied lemon in half, remove the flesh and slice the peel into thin strips. Mix all the ingredients for the sabih.

For the zhoug, chop the coriander coarsely. Next, puree it in a high container, along with the red chilli, garlic, the caraway seeds and a little salt, to a smooth paste. Serve the sabih with zhoug and the tahin sauce.